

## Unit 3 Lesson 2 Assist Equipment for Personal Care

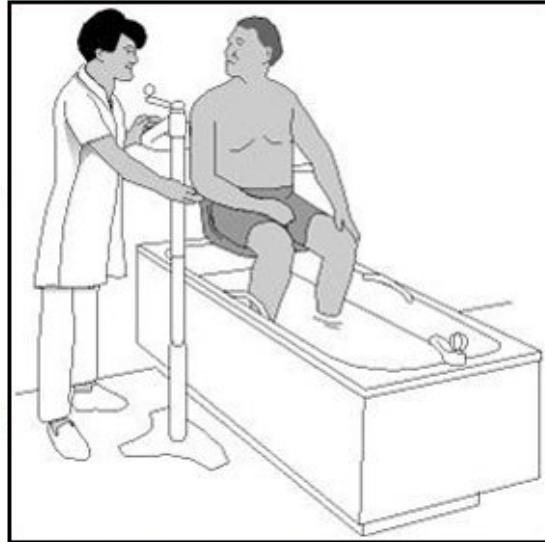
Discuss the equipment and descriptions seen below and answer the following questions.

### Bathtub, Shower, and Toileting Activities

**Description:** Built-in or fixed bath lifts

**When to Use:** Bathing residents who are partially weight bearing, have good sitting balance, can use upper extremities (have upper body strength), are cooperative, and can follow instructions. Useful in small bathrooms where space is limited.

**Points to Remember:** Ensure that seat raises so resident's feet clear tub, easily rotates, and lowers resident into water. May not be suitable for heavy residents. Always ensure lifting device is in good working order before use and rated for the resident weight. Choose device with lift mechanism that does not require excessive effort by caregiver when raising and lowering device.



1. In order to use a built-in bath lift, what must a resident be able to do?

- A. Have good sitting balance
- B. Have finished breakfast
- C. Be able to lift 20 pounds
- D. Be able to see and hear

2. What should you check before using this equipment?

- A. Air temperature
- B. Size of the bathroom
- C. Weight rating for machine and weight of resident
- D. Upper body strength of resident

(Cont.) **Unit 3 Lesson 2 Assist Equipment for Personal Care**

## Bathtub, Shower, and Toileting Activities

**Description:** Shower and toileting chairs

**When to Use:** Showering and toileting residents who are partially dependent, have some weight bearing capacity, can sit up unaided, and are able to bend hips, knees, and ankles.

**Points to Remember:** Ensure that wheels move easily and smoothly; chair is high enough to fit over toilet; chair has removable arms, adjustable footrests, safety belts, and is heavy enough to be stable, and that the seat is comfortable, accommodates larger residents, and has a removable commode bucket for toileting. Ensure that brakes lock and hold effectively and that weight capacity is sufficient.



3. List three important things to remember when assisting a resident with a showering or toileting chair.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

4. Describe what a resident should be able to do in order to use this type of equipment.

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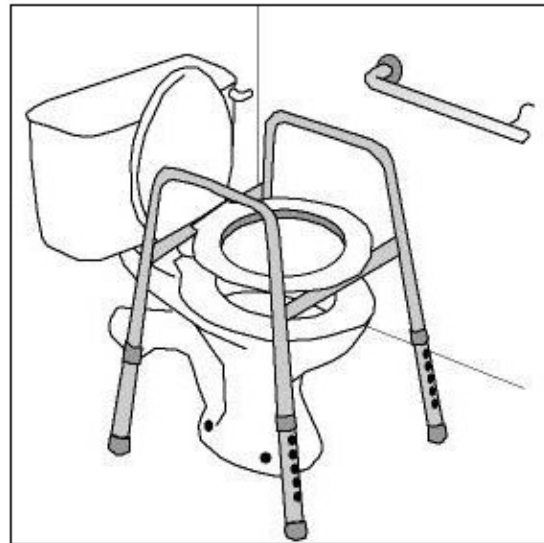
(Cont.) **Unit 3 Lesson 2 Assist Equipment for Personal Care**

### Bathtub, Shower, and Toileting Activities

**Description:** Toilet seat risers

**When to Use:** For toileting partially weight-bearing residents who can sit up unaided, use upper extremities (have upper body strength), are able to bend hips, knees, and ankles, and are cooperative. Independent residents can also use these devices.

**Points to Remember:** Risers decrease the distance and amount of effort required to lower and raise residents. Grab bars and height-adjustable legs add safety and versatility to the device. Ensure device is stable and can accommodate resident's weight and size.



Decide whether the following statements are true or false.

- T F 5. Independent residents can use this equipment.
- T F 6. Risers increase the distance and amount of effort required to lower and raise residents.
- T F 7. A resident that cannot bend their knees will find this equipment helpful.
- T F 8. The use of grab bars adds safety to this device.
- T F 9. The caregiver should check whether this device can accommodate the resident's weight and size.
- T F 10. Residents do not need to sit by themselves to use this device.